

2017 Nebraska Safety Council Conference and Trade Show



Cornhusker Marriott Hotel, Lincoln, NE
October 11-12

"I can't wait to get back to work so that I can share all that I have learned the past two days! All of the presenters were phenomenal! And I cannot put a value on all of the networking I was able to do."

*- Mavreena Hendricks,
Ply Gem Building Products*



Keynote and Blockbuster Speakers



Wednesday, October 11
Blockbuster Presenter: Ron "Gus" Gustafson
Topic: "Turning a Setback into a Comeback"

When you face an obstacle in your life, think of Ron "Gus" Gustafson. Gus battled for his life at age 9 following a tractor accident. Each setback has presented an opportunity to grow. To experience his message is to lose all self-doubt and find the strength to succeed. Gus will show you how with three simple keys.



Thursday, October 12
Keynote Presenter: DeMoine Adams
Topic: "Defensive Leadership"

DeMoine Adams inspires others to be greater, to be leaders, and to be winners in the game of life. Originally from Pine Bluff, Arkansas, he excelled as an athlete, both collegiately and professionally. His experience became an example for others to develop a "Game Plan" for their success!

2017 Safety and Governor's Wellness Awards Luncheon

Wednesday, October 11 12:00-1:30 p.m.

The **Nebraska Safety Council Workplace Safety Awards** recognizes organizations with exemplary safety programs. They are determined by a panel of safety and health professionals. The **Governor's Wellness Award** program honors organizations that have made notable efforts in providing quality wellness programs for their employees and demonstrated exceptional wellness leadership.

Professional Development Workshop

Make the most of your learning opportunities the week of conference by earning your CHCM.

The **CHCM (Certified Hazard Control Manager) Prep Course** will be offered the two days prior to conference with the proctored exam held the Friday morning after conference. In one week, you can take in all the educational opportunities of the conference AND walk away with an internationally recognized credential. For more information, and to register, visit our website - nesafetycouncil.org/CHCM.

Prep Course: October 9-10, 8:30 a.m.-4:30 p.m.

Proctored Exam: October 13, 8:30-11:30 a.m.

Membership Benefits

We want our members to live a good quality of life! As safety and wellness experts, we offer consultation, networking, as well as free and discounted services to help people live longer, stronger, and better. Join the ranks with other leading companies who put their people first!

For more information call 402.483.2511



Conference Agenda

Conference Schedule: October 11, 2017

Time	Audience	Topic	Speaker
7:30 a.m.	Conference Participants	Registration	
8:00-9:00 a.m.	Conference Participants	Trade Show Opens (includes Continental Breakfast)	
9:10-10:10 a.m.	Blockbuster	Turning a Setback Into a Comeback	Ron "Gus" Gustafson
10:45-11:45 a.m.	Safety	When Drones Fly - Drone Safety	Marlyn Beisner, Federal Aviation Administration
	Safety	The Bullet Proof Employee - Addressing Safety Attitudes	Ric Voelker, Nebraska Safety Council
	Worker Safety & Health 360°	A Total Worker Health Culture	Greg Howe, Lincoln Industries
	Wellness	Diabetes - Managing & Preventing One of Your Major Cost Drivers	Ami Bolles, Telligen
	Environmental	Environmental Updates - NDEQ	Jim Macy, Nebraska Department of Environmental Quality
12:00-1:30 p.m.	Awards Luncheon	Workplace Safety Awards & Governor's Wellness Awards	Rod Fowler, Emcee
2:10-3:10 p.m.	Safety	Crane, Derrick, and Hoist Regulations Update	Jason Albertson, North American Crane Certification
	Driving	My Car Does What?	Ashley McDonald, Automated Vehicle Research, National Advanced Driving Simulator, University of Iowa
	Environmental	Stormwater Industrial/Construction Site Inspections	Reuel Anderson, Nebraska Department of Environmental Quality, and Shawn Zablocki, Olsson Associates
	Wellness	Wellness Laws - How Far Can You Go?	Craig Johnson, Holmes Murphy
	Environmental	EPCRA Updates and Chemical Spill Accident Trends	Terri Blunk, EPA Region 7
3:30-4:30 p.m.	Safety	Safety Rehab - Breaking the Habits of Natural Human Behavior	Heather Vanover, Nebraska Safety Council
	Environmental	New EPA Refrigerant Management Regulations	Jerome King, Midwest Laboratories, Inc.
	Worker Safety & Health 360°	Hiring for Success	Jason Chambers, Talent Plus
	Wellness	Including Spouses in Your Wellness Plan	Julie Yuhas and Mel Palmer, Lincoln Electric System
	Environmental	What's in Your Plan?	

Conference Agenda

Conference Schedule: October 12, 2017

Time	Audience	Topic	Speaker
8:00-9:30 a.m.	Blockbuster	Defensive Leadership (Includes Breakfast)	DeMoine Adams
9:45-10:45 a.m.	Safety	OSHA Update	Jeff Funke, OSHA Area Director
	Worker Safety & Health 360°	Benefits and Considerations of an Aging Workforce	Juliann Scholl, PhD - National Institute for Occupational Safety & Health
	Wellness	Improving Engagement in Wellness	Greg Howe, Lincoln Industries
	Wellness	Pain Management - Is Your Benefit Plan Helping or Hurting?	Sue Heineman, Pfizer
	Environmental	Spill Prevention, Control, and Countermeasure	Joel Stenberg, SCS Engineers
10:55-11:55 a.m.	Safety	How to Initiate Safety Conversations	Mike Henke, Mike Henke, Inc.
	Worker Safety & Health 360°	Using your Company's Health Status to Create a Safer Workplace	Heather Vanover and Lisa Henning, Nebraska Safety Council
	Wellness	Making Change Stick	Brian Coyle, Department of Health & Human Services; and Shane Warehime, Wellness Council of the Midlands
	Driving	How Driver Safety Programs Can Reduce Risk and Liability for Your Company	Mark Segerstrom, Nebraska Safety Council
	Environmental	ISO 14001 - Environmental Management System	Valerie Paul, Vishay Dale Electronics
12:00-1:00 p.m.	Lunch	Lunch & Afternoon Energizer	
1:15-2:15 p.m.	Worker Safety & Health 360°	Are You Getting the Most of Your Membership Benefits?	Lauren Turner and Nicole Osborne, Nebraska Safety Council
	Safety	Silica Simplified	Todd Sieleman, Todd Safety Consultation LLC
	Wellness	Bridging the Generation Gap	Chad Thies, Zelle
	Worker Safety & Health 360°	Relationship of Chronic Disease and Worker's Compensation	Tom Champoux and Ryan Swinton, UNICO
	Environmental	AIR Quality Stack Testing	Alliance Source Testing
2:15-3:15 p.m.	Networking	Networking Café	Open to Attendees
	NICE Meeting	Nebraska Industrial Council on the Environment	Open to attendees interested in learning about NICE

**Session synopsis and topic descriptions are on the next pages*

2017 NEBRASKA SAFETY COUNCIL CONFERENCE AND TRADE SHOW

Oct. 11-12 \ Cornhusker Marriott Hotel \ 333 S. 13th Street \ Lincoln, NE
Register online at nesafetycouncil.org

Conference Fees: Wednesday & Thursday, Oct. 11-12	Early Bird Registration (by Sept. 22)		Registration (after Sept. 22)	
	Member*	Non-Member	Member*	Non-Member
Full Ticket**: Oct. 11-12	\$350	\$425	\$375	\$450
One Day Ticket**: Oct. 11 or Oct. 12	\$275	\$330	\$300	\$355
Awards Luncheon Only: Oct. 11	--	--	\$50	--
Table of 10 Awards Luncheon: Oct. 11	--	--	\$500+	--

*Members of Nebraska Safety Council, WorkWell, or NICE

**Includes breakfast, luncheons, breaks, and choice of sessions

+ When registering for a Table of 10 for the Awards Luncheon, please visit nesafetycouncil.org/AwardsTable

Special Group Pricing: Enroll 3 people from your organization and the 4th attends FREE.
*Buy 3 full or 3 one day conference tickets and receive one ticket of equal or lesser value FREE.

Company/Organization: _____

Contact Name _____

Address: _____

City, State, Zip: _____

Phone Number: _____ Fax Number: _____

Member: Nebraska Safety Council WorkWell NICE

Attendee(s)	Full Conference	One Day		Awards Luncheon
		Oct. 11	Oct. 12	
1. Name: _____ Title: _____ Email: _____				
2. Name: _____ Title: _____ Email: _____				
3. Name: _____ Title: _____ Email: _____				
4. Name: _____ Title: _____ Email: _____				

Please list any dietary restrictions each attendee has below:

Payment Method

- Check payable to Nebraska Safety Council is enclosed.
- Please invoice me.
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Please do not send credit card information by email.
If paying by card, fax form to: 402.483.2513

CANCELLATION POLICY: Advanced registration is required. Cancellation without penalty may be made up to five working days prior to the Conference. Cancellation after that date will be charged 50% of the fee. Registrants who cancel on the day of the conference or are "no shows" are liable for the full fee.

2017 Session Synopsis

Marlyn Beisner | When Drones Fly - Drone Safety

Have you ever wondered what you can and can't do legally with a drone? Principal Inspector Avionics, Marlyn Beisner with the Lincoln Flight Standards District office will lead a discussion on the regulations, operating an Unmanned Aircraft System as a hobbyist and for commercial purposes, areas where they can be operated, types of uses and safety concerns.



Ric Voelker | The Bullet Proof Employee - Addressing Safety Attitudes

Every supervisor, at some time, finds themselves face to face with the "Bulletproof Employee." The one employee who sees themselves as the indestructible force that holds the company together. Attendees will learn how complacency, shortcuts, ego and fear shape our work ethic, and what we can do to overcome these "Safety Villains."



Greg Howe | A Total Worker Health Culture

By closely aligning health and safety strategies, organizations can yield measurable benefits. Personal health and workplace safety are closely integrated and continues to gain traction among thought leaders. This session will examine the policies, programs and practices at Lincoln Industries that have led to a successful culture of Total Worker Health (TWH).



Ami Bolles | Diabetes - Managing & Preventing One of Your Major Cost Drivers

In this session, we will cover the Type 2 Diabetes epidemic and how by adding the Diabetes Prevention Program into your workplace wellness program, you can see potential cumulative and net savings. We will dive deeper into having DPP as a covered benefit vs. paying for it as part of your wellness program. Lastly, we will look at some current organizations that are offering DPP during the workday and the benefits that they are experiencing.



Jim Macy | Environmental Updates - NDEQ

Jim Macy, Director of the Nebraska Department of Environmental Quality, will provide an update on NDEQ activities and what the regulated community might expect to see from the new administration after ten months in office. Update will include the New Hazardous Waste Generator Improvements rule.



Jason Albertson | Crane, Derrick, and Hoist Regulations Update

This session will provide an update and overview of the current and proposed rules involving cranes, derricks, and hoists. The scope of this session will cover the training requirements for operators, employer responsibilities, new regulations, construction vs. general industry issues, frequently asked questions, and the need for greater understanding by supervisors of crane and lifting activities.



Ashley McDonald | My Car Does What?

Are you familiar with the safety features in your vehicle? Studies with the national campaign, My Car Does What? revealed that drivers for the most part are unfamiliar with the advanced driver assistance systems that are rapidly infiltrating today's cars, including economy level trims. Learn about evolving safety technologies in cars and the future of automated vehicles.



Reuel Anderson & Shawn Zablocki | Stormwater Industrial/Construction Site Inspections

This session will cover industrial and construction site stormwater inspections. NDEQ will cover what they look for during compliance inspections. Olsson Associates will cover what facility's need to complete for their internal permit-required inspections at industrial, construction permitted and No Exposure Exclusion certified sites.



Craig Johnson | Wellness Laws - How Far Can You Go?

When it comes to worksite wellness programs, employers want results and employees want to be rewarded. So what works, and what's legal? Some employers like to "keep it simple" just to avoid litigation concerns, but too simple might have too little impact. This presentation will update you on the latest wellness laws and arm you with the critical regulation knowledge you need to design a program.



Terri Blunk | EPCRA Updates and Chemical Spill Accident Trends

Terri will provide an update on the Emergency Planning and Community Right to Know Act (EPCRA) including any changes and common violations found in EPA Region 7. Learn about chemical spills and accident trends in Nebraska and Region 7 from National Response Center reports and risk management plans.

2017 Session Synopsis



Heather Vanover | Safety Rehab - Breaking the Habits of Natural Human Behavior

Most people do not go to work planning to get hurt, so why are hundreds of people injured every day at work? HABITS. The responses of “no one has ever been hurt before”, “I didn’t even think about it”, and “this is how I do it at home” are just a few examples of what workers say after getting hurt. Learn some great strategies for breaking these unsafe habits and behaviors once and for all.



Jerome King | New EPA Refrigerant Management Regulations

New refrigerant regulations are changing how facilities can use them. Additional changes are coming in 2018 and 2019. From more stringent requirements for refrigerant work practices, including leak repair provisions, small appliance disposal, and technician certifications, will your facility be prepared? Learn about the upcoming new requirements and how these will impact your facility.



Jason Chambers | Hiring for Success

During this session, Jason will discuss his journey and experiences in the talent acquisition space. Having worked with the talent strategies at several organizations, Jason will share his stories and point of view, knowing that people differentiate great companies. He believes hiring the right people, empowering your people, and making decisions based on data yields the best business results.



Julie Yuhas & Mel Palmer | Including Spouses in Your Wellness Plan

Including spouses in your corporate wellness program can be a key driver to increasing engagement and participation rates, as well as mitigating health care costs. In this session, we’ll discuss the history of our comprehensive wellness program at Lincoln Electric System and share successes and challenges we’ve experienced, along with strategies to continually improve outcomes.

What’s in Your Plan?

Does your facility fall under the Resource Conservation Recovery Act (RCRA)? What about the Clean Air Act (CAA)? Both regulations require a written plan in case of emergencies. Learn from an environmental professional who is experienced in developing both types of plans and receive tips and suggestions for your plan.



Jeff Funke | OSHA Update

Don’t miss this session on OSHA activities! Jeff Funke, Omaha Area Director for OSHA will discuss Region VII focus areas, specifically for Nebraska. You will learn about Nebraska injury statistics and frequently cited standards.



Juliann Scholl PhD | Benefits and Considerations of an Aging Workforce

The National Institute for Occupational Safety and Health established the National Center for Productive Aging and Work (NCPAW) to address the opportunities and challenges that aging can bring to the work environment. This presentation will discuss the concept of productive aging and present evidence-based methods for facilitating age-friendly workplaces.



Greg Howe | Improving Engagement in Wellness

This session will examine an effective model that improves engagement in health and wellness. By using intrinsic motivation, social support and targeted outreach, Lincoln Industries is able to provide value-added services that improve engagement and reduce risk factors. Learn how to increase engagement that leads to health improvement, use targeted outreach that provides the most value, and create a culture that supports success.



Sue Heineman | Pain Management - Is Your Benefit Plan Helping or Hurting?

Employees and their family members who suffer from pain are less productive and more costly for employers. This session will help identify action items an employer can use to evaluate existing pain programs and benefits, as well as develop interventions with vendor partners that will have the largest impact on painful conditions in the workplace.



Joel Stenberg | Spill Prevention, Control, and Countermeasure

Learn how to determine if your facility is required to have a written oil Spill Prevention Control and Countermeasures Plan (SPCCP). This session will discuss the requirements of your facility’s SPCCP, such as personnel training, oil storage inventory counting, certifications, storage tank and container inspections, spill response and more.

2017 Session Synopsis



Mike Henke | How to Initiate Safety Conversations

It is not unusual for others to get defensive and not be cooperative when we address safety situations in the workplace. Learn how to approach others in a way that they do not see you as the enemy! This session covers how to create a situation where it is you and them together against the problem, how to calm upset people, and how to convince others that they should follow safety policies, whether you are around or not!



Heather Vanover & Lisa Henning | Using Your Company's Health Status to Create a Safer Workplace

Does your work environment support the current health status of your workforce? What modifications do you need to make to decrease injury risk in your company? How can your health risk assessment assist you in job hazard analysis? Learn about the tools and resources available to analyze and modify your workplace based on the actual health status of your people.



Brian Coyle & Shane Warehime | Making Change Stick

A wellness policy can catalyze and support all wellness initiatives, provide a framework for action, and ensure longevity of programming to impact sustainable behavior change. This presentation will discuss the need for policy, the process for getting there, and help you to identify future steps for action.



Mark Segerstrom | How Driver Safety Programs Can Reduce Risk and Liability for Your Company.

Mark will discuss the current trends in traffic safety and how they relate to the rising numbers of fatalities both on and off-the-clock. Employers face fixed costs associated with crashes regardless of when they occur. He will share with you the current research on developing a safe driver program to both limit risk and mitigate liability.



Valerie Paul | ISO 14001 - Environmental Management System

Building and sustaining an ISO 14001 Environmental Management System (EMS) can be an overwhelming job. Learn from an experienced professional working with ISO 14001 suggestions for developing an effective environmental management system. Valerie will share her knowledge on implementation, challenges, and recommendations for successful and beneficial audit results.



Lauren Turner & Nicole Osborne | Are You Getting the Most of Your Membership Benefits?

We are committed to helping your organization make the most of its membership. New and long-time members are encouraged to join this session to stay up-to-date on available services, explore the website, and review existing and new member benefits.



Todd Sieleman | Silica Simplified

Enforcement of OSHA's new Silica Standard for construction will commence on Sept 23 of this year with General Industry requirements coming in June of 2018. This session will provide a clear understanding of the protections required and how OSHA will evaluate your attempts to meet compliance.



Chad Thies | Bridging the Generation Gap

Four generations in the workplace; all with different ideals, social attitudes and mindsets on effective communication. During this session, you will uncover the commonalities that connect your generation with the others through awareness of each generation and its associated personality traits, gain a deeper understanding of communication styles, perceptions, differences and brainstorm strategies to bridge the gap between generations.



Tom Champoux and Ryan Swinton | Relationship of Chronic Disease and Worker's Compensation

The connection of wellness to worker's compensation outcomes is compelling. In this program, UNICO will demonstrate the value of healthy people to claims reduction, employee morale and productivity, ultimately impacting your bottom line.

Alliance Source Testing | AIR Quality Stack Testing

This session will cover the requirements for air emissions source performance, or "stack" testing. Learn when your facility might be required to have a performance test, requirements for testing, and about the testing process.

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